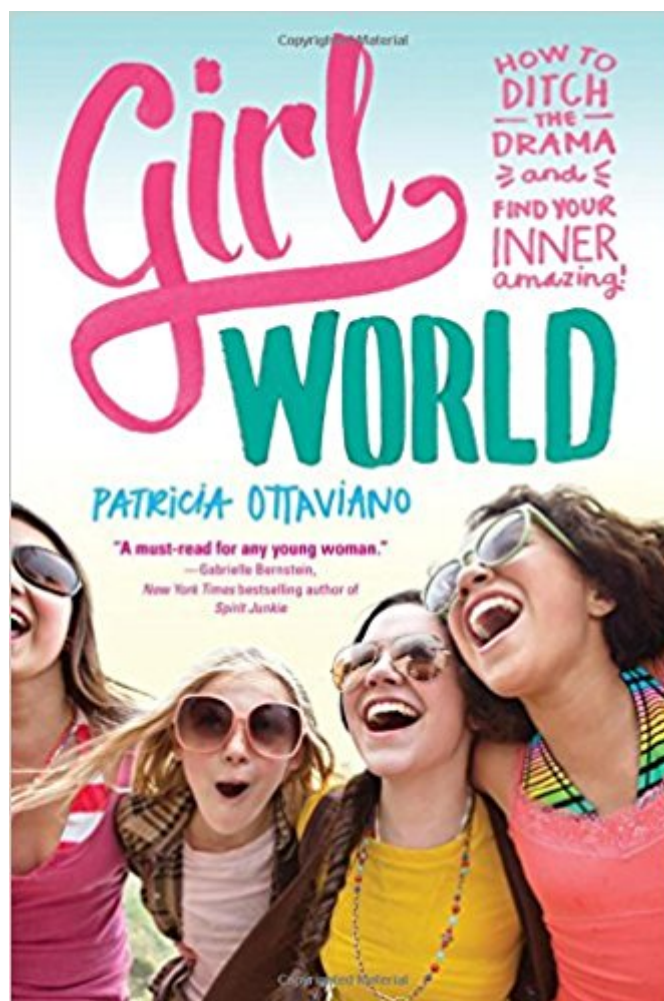


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# Girl World: How To Ditch The Drama And Find Your Inner Amazing



## Synopsis

Mean stares. Hurtful whispers. The cold shoulder. Being a girl is harder than it looks. In a world where gossip, drama, and rumors seem to be never ending, it's not easy to navigate the halls of middle school or high school without earning a few battle scars. But what if you could change all that? With practical advice for how to fearlessly stand your ground, hold your own, and dictate your own happiness, *Girl World* will help you move beyond the bad attitudes and transform your insecurities into strengths. From friendship conflicts to the ugly side to social media, learn how to ditch the drama and kick your inner critic to the curb so you can truly start appreciating yourself. Every day is a new day. Embrace it!

## Book Information

Lexile Measure: 920 (What's this?)

Paperback: 160 pages

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Language: English

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Product Dimensions: 5.9 x 0.6 x 8.9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 13 customer reviews

Best Sellers Rank: #213,164 in Books (See Top 100 in Books) #34 in [Books > Teens >](#)

[Personal Health > Body, Mind & Spirit](#) #47 in [Books > Teens > Education & Reference >](#)

[Social Science > Psychology](#) #433 in [Books > Teens > Social Issues](#)

Age Range: 12 - 17 years

Grade Level: 6 - 12

## Customer Reviews

Gr 6 Up – "Every day is a new day. Embrace it!" Ottaviano invites girls to set their own courses as they navigate the brave new world of middle and high school. The text is filled with practical advice for embracing both the future and oneself. Acting as a guide, Ottaviano helps readers deal with external and internal conflicts, encouraging them to develop a strong sense of self and self-worth. By refusing to give in to drama, girls can discover how to stand up for themselves in spite of criticism. The author covers dealing with face-to-face encounters, social media, and one's own thoughts. Though none of the advice is new, it is packaged in an appealing format. VERDICT

This spunky, encouraging tome will brighten the shelves of the teen self-help section. --Elaine Baran Black, Georgia Public Library Service, Atlanta --This text refers to an out of print or unavailable edition of this title.

"The author covers dealing with face-to-face encounters, social media, and one's own thoughts...This spunky, encouraging tome will brighten the shelves of the teen self-help section" - School Library Journal"Easy to read and written in a conversational style, Ottaviano's advice is all about loving yourself, seeing how incredible those around you really are, and identifying true friendships...it's hard not to cheer her fight to get girls to see what a good friendship looks like and assure them that they do have something to offer. A good choice for teens looking for some inspiration and guidance." - Booklist"Ditch the drama and find your inner amazing with Patricia Ottaviano's *Girl World*, a step-by-step big sisterly guide to rising above the doubts that haunt us girls. And after all...as the founder of the nonprofit organization *Sister Soldier: Stand Up for Each Other*, a school assembly and empowerment program for girls, it's safe to say Trish knows what's up." - *Justine Magazine*

As a 6th grade teacher, I often find myself helping young girls manage the challenges of their teenage years. Thank you to Patricia and *Girl World* my job will be a little bit easier this year. Patricia has written a wonderful book that will help young girls navigate the toughest years of their lives and realize their full potential. I'm so looking forward to adding this book to my classroom library and giving it to my students as a wonderful resource!

Please encourage your daughters to read this uplifting and helpful book! *Girl World* offers real-world, practical advice and comfort to young girls. Miss Ottaviano has done an excellent job in speaking clearly and compassionately to a population that is often under-considered. Bullying isn't the old-school type of boy-brawling. It is complex and very damaging, thanks to the accessibility of social media and the delusion of being anonymous when posting mean things. *Girl World* explains the dynamic of bullying and what to do about it.

Such a wonderful book! This is a must read for girls going through middle school or high school and a great read for parents as well! Highly recommend.

In a tech obsessed world this book is a MUST for any young girl trying to get through their

tween/teenage years! These years are crucial for anyone and not always a walk in the park - there will always be bumps along the way. Girl World is easy to read and relatable for young readers & perfect for anyone who is looking for someone to have their back. As a parent, I am extremely thankful for this book because it has helped me understand what my daughter may be going through and how I can be there for her along the way.

I'm so happy there is a book out there that young girls can have in their back pocket! I didn't have this when I was younger & I think it is a helpful and necessary guidebook. It's incredibly inspirational and easy to relate to. I bought this for my younger sister who is going into the sixth grade - she loves it!

Great advice for young girls dealing with friendship conflicts and all the unnecessary drama. Wish I had something like this growing up. Highly recommend it!!!

For full review please search "5 Girls Book Reviews" in a search engine and/or Facebook "5 Girls Book Reviews" REVIEW BY: Angel, age 12 years, 11 months MAY CONTAIN SPOILER: This novel is the next new way to pick your true friends out of the ones stabbing you in the back and a way to survive ultimate girl drama. The advice in this book goes over all of the aspects of how to handle "fake" friends all the way to owning up to how you affect others.

Finally a book that young girls can relate to! Highly recommend!

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